

WEDNESDAYS
**GOURMET
BURGER NIGHT**

All burgers £10, for one night only
Look out for our locally sourced specials
Available from 5pm

FRIDAYS
**FISH & CHIP
FRYDAYS**

Choose from 3 fish of the day or maybe treat
yourself to our deluxe fish and chips
Available from 5pm

SATURDAYS
**SEAFOOD
SATURDAYS**

2 seafood specials, from the pier to
the pan as fast as we can!
Available from 5pm

CUAN MOR GLUTEN FREE MENU

STARTERS & SHARERS

**TRIO OF LOCAL SMOKED
SALMON PATE** £8.50
Served with mustard and dill dressing
Egg, fish, mustard & sesame

**CRAB AND CRAYFISH
TIMBALE** £8.99
Delicate Atlantic white crab meat
and crayfish tails with our own recipe
cocktail sauce
Crustacean, egg, milk, sesame & mustard

WEST COAST MUSSELS
£7.99/£12.99
Locally sourced mussels in a creamy
garlic, wine and herb broth. Served with
gluten free oatcakes
Molluscs, milk, egg, celery & sulphites

SEAFOOD CHOWDER £7.50
Homemade chowder with chunks of prime
fish, shellfish and potato. Served with
gluten free oatcakes
Molluscs, fish, celery, sesame & milk

SEAFOOD PLATTER £16.99
Hot smoked Scottish salmon, smoked
mackerel, crayfish cocktail, rollmop
herring and crab timbale. Served with
dips and gluten free oatcakes
*Fish, crustaceans, molluscs,
egg, milk, mustard & sesame*

**ROASTED
ASPARAGUS (v)** £8.50
Served with creamy pesto mushrooms
Milk, nuts & egg

FROM THE SEA

FISH AND CHIPS £12.99
Fresh flaky haddock, golden fried
in coeliac batter, served with
homemade chips, a wild leaf garnish
and homemade tartare sauce.
*(Please note our frying oil may contain traces of
flour product). Fish, eggs, soya, milk & mustard*

**LOCAL SALMON
FILLET** £16.99
Lightly grilled and served with
asparagus, creamy leek mash and
thermidor glazed king prawns
Fish, milk & celery

SEA BASS AND CRAB £17.99
Sea bass fillet stuffed with a delicate
crab rillette and served with sweet
potato gratin, mixed greens and a
white wine and dill sauce
Crustaceans, molluscs, egg, fish, mustard & sesame

SEARED SCALLOPS £19.99
Local scallops with pork belly, mash and
soft herb hollandaise
Gluten, fish, milk, eggs & fish

GOURMET BURGERS STEAK & SALADS

**HANDMADE RUSTIC BACON
CHEESE BURGER** £12.50
Grilled Simon Howie gluten free burger
served with Ayrshire bacon and Mull of
Kintyre Cheddar on a gluten free bun
with homemade chips, a wild leaf
garnish, tomatoes and red onions and
homemade coleslaw
Egg, soya, milk & mustard

**SURF AND TURF
SALAD** £18.99
Strips of juicy cajun rump steak, scallops
and king prawns served over a tossed
baby spinach & new potato salad with
crispy corn and honey mustard dressing
Crustacean, eggs, soya & molluscs

VEGAN CHILLI BURGER
(vg) £11.99
The meatless farm company meat free
burger served on a gluten free bun with
vegan chilli and vegan cheese. Served
with sweet potato fries and salad
Soya & mustard

CAESAR SALAD £8.99
Crispy cos lettuce tossed in our
special dressing with free range
boiled egg and parmesan
Crustacean, eggs & soya

Add grilled chicken £3.99
Add salmon fillet £4.99
Add seared scallops £8.99
Add hot smoked salmon
& crayfish £5.99

THE REST

**CHAR GRILLED
CHICKEN** £12.50
Butterfly chicken breast topped with
a mild curry and mango cream,
Served with a coriander rice.
Milk, nuts, peanuts & mustard

**SCOTTISH STEAK AND
ALE STEW** £11.99
Tender Scotch beef cooked in rich
ale gravy served with chips and
today's vegetables.
Soya & milk

BREAST OF CHICKEN £14.50
Tender roast chicken breast with a
tarragon and Arran mustard sauce,
served with mushroom mash and
tenderstem broccoli
Milk, soya, mustard & nuts

**WILD ARGYLL VENISON,
RED WINE AND PANCETTA
RAGU** £12.99
Slow cooked and tender local
venison ragu served with leek mash
and today's greens
Egg, milk & soya

**BUTTERNUT GOBI
DHANSAK (VG)** £9.99
Cauliflower and butternut squash
curry served with coriander rice
Mustard, Nuts & Sesame

SIDES

HOUSE CHIPS £2.50 *Soya* | TODAY'S GREEN VEG £2.99 *Milk & Soya* | COLESLAW £1.25 *Egg*
SWEET POTATO GRATIN £2.50 *Milk* | PEPPERCORN SAUCE £1.99 *Milk*
CHAR GRILLED CHICKEN SAUCE £1.99 *Milk, Nuts & Mustard*
GLUTEN FREE ONION RINGS £1.99 *Soya* | SWEET POTATO FRIES £3.50 *Soya*

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BEER

DRAUGHT

SALTIRE £3.99
 CARLING £3.99
 STAROPRAMEN £4.70
 EAST COAST IPA £4.20
 ASPALLS CIDER £3.99
 BELHAVEN BEST £3.99
 BELHAVEN BLACK £4.40
 TWISTED THISTLE IPA £4.50

WEEKLY CASK ALES
 PLEASE ASK YOUR SERVER FOR DETAILS

BOTTLE BEERS

BUDWEISER 330ml £3.20
 CORONA 330ml £3.50
 PERONI 330ml £3.50
 THISTLY CROSS AWARD WINNING
 SCOTTISH CIDER 6.2% 330ml £4.80
 REKORDERLIG STRAWBERRY
 & LIME 330ml £4.50
 WKD BLUE 330ml £3.70
 SMIRNOFF ICE 330ml £3.70
 HEINEKEN ZERO
 Alcohol Free 330ml £3.00
 LAWLESS VILLAGE
 Gluten Free 330ml £3.80

COCKTAILS

MARGARITA £6.00
 MOJITO £6.50
 COSMOPOLITAN £6.50
 STRAWBERRY/
 RASPBERRY/BANANA DAIQUIRI £6.50
 PINA COLADA £6.50
 FRENCH MARTINI £7.00
 ESPRESSO MARTINI £7.50
 WHITE RUSSIAN £7.50

PLEASE ASK YOUR SERVER FOR
 TODAY'S COCKTAIL SPECIAL

WINE

THE MODEST BUNCH

125ml £3.65 175ml £4.99 Bottle £19.99
 BEL OLIVIER COLOMBARD/
 SAUVIGNON, FRANCE
 LAS CONDES CHARDONNAY, CHILE
 BEL OLIVIER GRENACHE/MERLOT,
 FRANCE
 LAS CONDES CABERNET
 SAUVIGNON, CHILE
 ZINNIA WHITE ZINFANDEL ROSE, USA

THE BOLD BUNCH

125ml £4.25 175ml £5.65 Bottle £22.99
 VILLA MOLINO PINOT GRIGIO, ITALY
 DOM RAMOS WHITE RIOJA, SPAIN
 TALL HORSE CHENIN BLANC,
 SOUTH AFRICA
 PODEROSA MALBEC, CHILE
 COSMINA PINOT NOIR, ROMANIA
 VILLA MOLINO PINOT GRIGIO BLUSH
 ROSE, ITALY

THE BIG BOY BUNCH

125ml £4.85 175ml £6.49 Bottle £25.99
 BOUNDARY HUT, SAUVIGNON,
 NEW ZEALAND
 MONTMASSOT PICPOUL DE PINET,
 FRANCE
 DOM RAMOS RIOJA CRIANZA, SPAIN

SPUMANTE

125ml £4.85 Bottle £27.99
 MIONETTO PROSECCO SPUMANTE,
 ITALY

SPIRITS

SPIRITS

SMIRNOFF VODKA £2.40
 BACARDI £2.40
 CAPTAIN MORGANS £2.40
 WHYTE & MACKAY £2.40
 FAMOUS GROUSE £2.40
 SOUTHERN COMFORT £2.40
 OVD DARK RUM £2.40
 JACK DANIELS £2.60

OTHER SPIRITS / LIQUEURS

JAMESONS IRISH WHISKY £2.40
 MALIBU £2.40
 GREY GOOSE VODKA £3.60
 PEACH SCHNAPPS 50ml £2.40
 BAILEYS 50ml £4.20
 MARTELL BRANDY £2.60
 COINTREAU £2.40
 DRAMBUIE £2.90
 GLAYVA £2.90
 TIA MARIA £2.40
 DISARONNO £2.40
 MARTINI ROSSO, DRY 50ml £2.20
 CROFT SHERRY 50ml £2.40
 COCKBURNS PORT 50ml £2.40
 BELVEDERE VODKA £3.60

GIN

GORDONS £2.40
 TANQUERAY £2.60
 BEEFEATER £2.80
 BOMBAY SAPPHIRE £2.80
 GORDONS PINK £2.80
 EDINBURGH GIN £3.00
 EDINBURGH GIN RASPBERRY £3.00
 EDINBURGH GIN RHUBARB
 AND GINGER £3.00
 CAORUNN £3.20
 BOTANIST £3.40
 HENDRICKS £3.40
 DEVIL'S STAIRCASE £3.40
 WHITETAIL GIN £3.40

SOFT

SOFT DRINKS

COLA, DIET COLA £1.70
 IRN BRU £1.85
 TONIC £1.30
 SODA £1.30
 LEMONADE £1.70
 PINTS OF COLA/IRN BRU
 LEMONADE £2.50
 PINTS OF SODA/TONIC £2.00
 ORANGE, APPLE, CRANBERRY,
 PINEAPPLE JUICE £1.70
 DASH £0.75
 CORDIAL £0.60
 ELDERFLOWER CORDIAL £1.00

CANS & BOTTLES

PEPSI, DIET PEPSI, 7UP, IRN BRU,
 DIET IRN BRU, GINGER BEER CANS £2.00
 APPLETISER £3.20
 SCHWEPES BABY 125ml BITTER LEMON,
 GINGER ALE, TONIC, SLIM TONIC,
 TOMATO £1.30
 FENTIMANS 125ml TONIC/SLIM TONIC £1.70
 HIGHLAND SPRING STILL/SPARKLING
 330ml £1.80
 HIGHLAND SPRING STILL/SPARKLING
 1ltr £3.20

HOT DRINKS

TEA/COFFEE

ESPRESSO £1.90
 DBL ESPRESSO £2.40
 AMERICANO £2.50
 FLAT WHITE £2.70
 LATTE £2.70
 CAPPUCCINO £2.70
 MOCHA £2.80
 HOT CHOCOLATE £2.80
 TEA £1.80
 SPECIALITY TEA (please ask your server) £1.80

SPECIALITY COFFEE

IRISH COFFEE (JAMESONS) £4.95
 GAELIC COFFEE (DRAMBUIE) £4.95
 OBAN MALT COFFEE £6.95
 BAILEYS LATTE £4.95
 TIA MARIA COFFEE £4.95
 NAPOLEON COFFEE £4.95
 BAILEYS HOT CHOCOLATE £4.95

For more detail on our cocktails and to see our varied selection of
 MaltWhisky's please ask your server for our drinks/dessert menu.

PUDDINGS

STICKY TOFFEE PUDDING £5.99

Gluten Free Sticky Toffee Pudding served with
 Fresh Cream and a Rich Toffee Sauce

Milk

SELECTION OF HANDMADE DAIRY ICE CREAM

Choose from vanilla, salted caramel, chocolate and strawberry
 We also have Dairy free Vanilla and Raspberry ice creams

available One Scoop: £1.70 · Two Scoops: £2.85

Three Scoops: £3.99

Milk & Soya