

## **Bread & Dips**

*Freshly baked bread with parsley butter and green olive tapenade*



d, g, m / g, k / i, k

## **Starters**

Grilled scallop and shrimp,,

*with Gioggia beet, tahini-hummus, avocado*

e, g, i, j

Mixed greens, with cucumbers, green onions, red and yellow peppers  

*green beans, carrots, mango and crispy wontons, walnuts, sesame seeds, vinaigrette*



a, d, h, l

## **Soups**

Double beef consommé

*with honey pancake strips and vegetable brunoise*

a, d, g, i, j

Smooth cheese and white wine soup,  

*spring onions and dark-bread croutons*

d, g, i

## **Intermezzo**

Grilled king prawn

*lemongrass espuma and pistachio risotto*

e, g, i

Grilled haloumi 

*lemongrass espuma and pistachio risotto*

g, i, j, h

## **Main Courses**

Grilled fillet of sea bass with chardonnay foam

*sun-dried tomatoes-capers salsa with sautéed spinach and potatoes mousseline*

c, g, i, j

Herb-crusted lamb loin and natural jus

*with Romanesco, ratatouille and pumpkin-potato gratin*

g, i, j, k

Spinach and mushroom quiche  

*sautéed cherry tomato and seasonal vegetables*

a, g,

## **Alternative Choices**

*Alternatively you can order the Avalon Caesar Salad as appetizer or main course*

*Grilled chicken breast, grilled beef tenderloin or grilled salmon with the side dish of the day*

g

## **Endings**

Dessert variation

*Walnut-vanilla cream, molten chocolate baby cake, green apple sorbet*

a, d, g, h, i, m

Ice cream coupe (sundae) with pistachio ice cream


*ragout of forest berries, whipped cream and Marsala*

a, d, g, h, i, m

Comté, French Roquefort and Bûche de Chèvre

*with Carr's crackers, walnuts, grapes and mango-thyme dip*

d, g, h, i

Watermelon or cantaloupe, oranges, pineapple and one seasonal fruit 

## **Today's Wines**

Rotgipfler vom Berg

*Alphart - Austria - 12.5% vol.*

Zweigelt

*Alphart - Austria - 13% vol.*

Rosé d'Anjou la Jaglerie

*Marcel Martin - France - 10.5% vol.*

 = Avalon Fresh  = Local specialty  = Vegetarian

a = eggs / b = peanuts / c = fish / d = gluten / e = crustaceans / f = lupines / g = dairy / h = tree nuts

i = sulfur dioxide and sulfites / j = celery / k = mustard / l = sesame seed / m = soy, soybeans / n = mollusks